

# ENCOUNTER

## Thursday Night Groups

We are a community of broken people seeking help and healing through connection to Jesus and one another. Join us before groups in worship and message to help you unplug and prepare your heart for recovery. Our Thursday night worship service is from 6:30-7:30 p.m., groups meet immediately following until 8:45 p.m. Childcare is provided for birth-10 years. We cant wait to see you!

**\*\* groups will be attending summer workshops June 3-August 5**

### ADDICTIONS

<b>ALCOHOLICS ANONYMOUS</b> Thursdays • 6:00 p.m.	FH 131
<b>FAMILIES OF ADDICTS</b> For family or friends of those struggling with alcohol or substance abuse.	**
<b>FORGOTTEN HEARTS</b> Contact forgottenheartse@gmail.com	Upon Request
<b>MEN'S ADDICTION (12 STEP)</b> Christ-centered program for men wanting to overcome addictions & compulsions	WC 239
<b>MEN'S SEXUAL ADDICTION (ARC)</b> Contact arcmen911@gmail.com	Upon Request
<b>WIVES OF SEX ADDICTS (ARC WIVES)</b> Contact arcwives@hotmail.com	Upon Request
<b>WOMEN'S ADDICTION &amp; EATING DISORDER</b> For women struggling with Addiction or Eating disorder.	**

### MARRIAGE & FAMILY

<b>DIVORCE SUPPORT</b> For those struggling with issues from divorce.	FH 118
<b>FAMILIES OF THE INCARCERATED</b> Confide in one another and seek God's answers to the hard questions	Fireside Room
<b>MARRIAGE IN CRISIS (COUPLES/HUSBANDS)</b>	ATLR 202
<b>MARRIAGE IN CRISIS (WIVES)</b> For those struggling in marriage or who are currently separated and seeking reconciliation	WC 247
<b>SINGLE MOMS</b> Come for support, encouragement, and guidance as you walk through real life situations.	ATLR 201
<b>STEP FAMILY MINISTRY</b> Discuss the joys and challenges of a blended family.	WC 367

### WORKSHOPS

#### HOW PEOPLE GROW

JUNE 3- AUGUST 5 | FH 2 | 7:45-8:45PM

A 10 week workshop to help you understand how we grow emotionally and spiritually. Exploring what the best pathways for growth are, as well as what gets in the way. We will be utilizing the book How People Grow by Henry Cloud and John Townsend. Purchase of the book is optional..

#### RELATIONSHIPS: A MESS WORTH MAKING

JUNE 3- AUGUST 5 | FH 1 | 7:45-8:45PM

A 10-week workshop on relational growth. Join us as we explore how to grow our relationships in a Christ honoring way. We will utilize the book, Relationship: A Mess Worth Making by Timothy Lane and Paul Tripp. The book is optional, but will be helpful as we journey through this workshop.

### GRIEF / HEALTH RELATED

<b>ALZHEIMERS CAREGIVERS</b> For caregivers of family members with Alzheimer's. Respite care is also available. *3rd Thursday • 1:00-3:00 p.m.	FH 111
<b>COPING WITH CANCER</b> This group is for those facing the challenges and struggles of cancer	FH 109
<b>GENERAL GRIEF (EVERY THURSDAY)</b> For anyone dealing with the loss of a loved one. See more specific grief groups below.(starts at 7:00 p.m, Welcoming more at 7:30pm)	ATCR 200/202

#### SPECIFIC GRIEF

<b>1ST THURSDAY</b> Loss of Child, Loss of Spouse	<b>3RD THURSDAY</b> Loss of Child
<b>2ND THURSDAY</b> Loss of Parent, Loss due to Suicide/Substance Abuse	<b>4TH THURSDAY</b> Genreal Grief

### ADVERSITY

<b>ANXIETY</b> Find support & understanding in the midst of anxiety struggles	**
<b>CODEPENDENCY</b> A group dealing with boundary issues for families and friends dealing with addiction.	FH 136
<b>DEPRESSION</b> A group for those seeking support and relief from depression.	**
<b>JOURNEY TO FREEDOM</b> Women's Unwanted Same-Sex Attraction. Email: care@secc.org	Upon Request
<b>OVERCOMING ADVERSITY</b> A group for those facing many kinds of obstacles and challenges.	**
<b>TEEN SUPPORT</b> For teens ages 13-17 to come and find support in the difficulties of life	**
<b>VETERAN'S SUPPORT</b> A group for former military, police or first responders to process stress and support one another.	**
<b>WOMEN'S ABUSE</b> Email: mendingheart@live.com	**

# ENCOUNTER

## Weekly Schedule

### **MONDAY NIGHTS**

**ENCOUNTER ONLINE 7:00 P.M.**

**ZOOM ID: 174154667**

**ZOOM LINK: [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)**

Anxiety & Depression

### **ADDITIONAL ONLINE**

Grief - Breakout Groups Available

- Zoom Link Upon Request
  - Call or Email Care: 502.253.8400 | [care@secc.org](mailto:care@secc.org)

Addictions (Coed) 6:15 P.M.

- Zoom Link Upon Request
  - Call or Email Care: 502.253.8400 | [care@secc.org](mailto:care@secc.org)

### **CRESTWOOD CAMPUS**

AA - 6:15 p.m.

Addiction Recovery (Coed) 7:30 p.m.

Men's Sexual Accountability 7:30 p.m.

Stillborn, Infant Loss 7:30 p.m.

- 1st Monday of the Month

### **SOUTHWEST CAMPUS 7:00 P.M.**

General Grief

- 1st & 3rd Monday

Grief - Loss of a Child

- 2nd & 4th Monday

### **SHLEBY COUNTY 7:00 P.M.**

Encounter worship at the Brick Room in Shelbyville with Multiple Groups to follow

### **TUESDAY NIGHTS**

**IN CAMPUS 6:30 P.M.**

Depression Support for Women

Men's Addiction (THRIVE)

Single Moms

Women's Addiction

### **BB CAMPUS**

Cancer Care Connection for women - Fireside Room

- 2nd Tuesday Only, 1:00-3:00 p.m.

Alcoholics Anonymous - FH 122 - 6:00 p.m.

### **WEDNESDAY NIGHTS**

**ET CAMPUS 7:00 P.M.**

Addiction Recovery

Anxiety

Friends & Family of Addicts

Grief

**IN CAMPUS 6:30 P.M.**

Families of Addicts

### **THURSDAYS**

**BB CAMPUS**

Moms in Prayer - Thursday 1:00-3:00 p.m. - ATR 204

Alzheimer's Support Group - 3rd Thursday 1:00-3:00 p.m.

- Zoom #93671528604

Encounter Worship followed by groups 6:30 p.m.

- See the Encounter THURSDAY Schedule

### **FRIDAYS**

**BB CAMPUS 1:00 P.M.**

Chronic Pain and Illness - 4th Friday - Fireside Room

### **SUNDAYS**

**BB CAMPUS**

Praying for Your Prodigal - 4:00 p.m. - 2nd Sunday

ATCR 202

Single Dad's Huddle - 9:00 a.m. - 1st & 3rd Sunday - WC 248

### **SENSITIVE GROUPS**

**ARC MEN (Men's Sexual Addiction)**

Email: [arcmen911@gmail.com](mailto:arcmen911@gmail.com)

**ARC WIVES (Wives of Sex Addicts)**

Email: [arcwives@hotmail.com](mailto:arcwives@hotmail.com)

**Family and Friends Support - Same Sex Attraction**

Email: [Familyandfriends920@gmail.com](mailto:Familyandfriends920@gmail.com)

**Forgotten Hearts**

Email: [forgottenheartse@gmail.com](mailto:forgottenheartse@gmail.com)

**Groups Support for Special Needs Parents**

Email: [tyialynn@criticallyloved.org](mailto:tyialynn@criticallyloved.org)

Facebook Page: [@criticallyloved](https://www.facebook.com/criticallyloved)

**Journey to freedom (women's unwanted same sex attraction)**

Email: [Care@secc.org](mailto:Care@secc.org)

**Women's Abuse**

Email: [mendingheart@live.com](mailto:mendingheart@live.com)