ENCOUNTER THURSDAY NIGHT GROUPS

We are a community of broken people seeking help and healing through connection to Jesus and one another. Join us before groups in worship and message to help you unplug and prepare your heart for recovery. Our Thursday night worship service is from 6:30-7:30 p.m., groups meet immediately following until 8:45 p.m. Childcare is provided for birth-10 years. We cant wait to see you!

ADDICTIONS

ALCOHOLICS ANONYMOUS
Thursdays • 6:00 p.m.

FAMILIES OF ADDICTS
For family or friends of those struggling with alcohol or substance abuse.

FORGOTTEN HEARTS
Contact forgottenheartse@gmail.com

MEN’S ADDICTION (12 STEP)
Christ-centered program for men wanting to overcome addictions & compulsions

MEN’S SEXUAL ADDICTION (CROSS)
Contact menofcross@gmail.com

WIVES OF SEX ADDICTS
Contact arcwives@hotmail.com

WOMEN’S ADDICTION & EATING DISORDER
For women struggling with Addiction or Eating disorder.

FH 118
WC 446
Upon Request
WC 239
Upon Request
WC 236

GRIEF/HEALTH RELATED

ALZHEIMERS CAREGIVERS
For caregivers of family members with Alzheimer’s.
*3rd Thursday • 1:00-2:30 p.m.

COPING WITH CANCER
This group is for those facing the challenges and struggles of cancer

GENERAL GRIEF (EVERY THURSDAY)
For anyone dealing with the loss of a loved one. See more specific grief groups below. (starts at 7:00 p.m. Welcoming more at 7:30pm)

FH 111
FH 109
ATCR 200/202

ADVERSITY

ANXIETY
Find support & understanding in the midst of anxiety struggles

CODPENDENCY
A group dealing with boundary issues for families and friends dealing with addiction.

DEPRESSION
A group for those seeking support and relief from depression.

FH 122

JOURNEY TO FREEDOM
Women’s Unwanted Same-Sex Attraction. Email: care@secc.org

MENTAL HEALTH SUPPORT
A group for those with family members battling mental health issues

FH 136

MIGHTY OAKS
A support group for veterans and first responders

FH 111

WOMEN’S ABUSE
Email: mendingheart@live.com

FH 131
WC 446
Upon Request
WC 239
Upon Request
WC 236

MARRIAGE & FAMILY

DIVORCE SUPPORT
For those struggling with issues from divorce.

FAMILIES OF THE INCARCERATED
Confide in one another and seek God’s answers to the hard questions

MARRIAGE IN CRISIS (COUPLES/HUSBANDS)
For those struggling in marriage or who are currently separated and seeking reconciliation

SINGLE MOMS
Come for support, encouragement, and guidance as you walk through real life situations.

TEEN SUPPORT
For teens ages 13-17 to come and find support in the difficulties of life

FH 118
Fireside Room
ATLR 202
ATLR 201
WC 231

SPECIFIC GRIEF

1ST THURSDAY
Loss of Child, Loss of Spouse

3RD THURSDAY
Loss of Child

2ND THURSDAY
Loss of Parent, Loss due to Suicide/Substance Abuse

4TH THURSDAY
Genreal Grief

381
FH 109
ATCR 200/202

337
FH 136
FH 122

FH 111

FH 110

WC 245

Upon Request

Upon Request

Upon Request
**ADDICTIONS**

**MONDAYS**
**ONLINE 7:00 P.M.**
Addictions (coed) - Zoom #174154667
**CRESTWOOD CAMPUS**
Alcoholics Anonymous - 6:15 p.m.
Addiction Recovery (Coed) 7:30 p.m.
Men’s Sexual Accountability 7:30 p.m.
**SHELBY COUNTY 7:00 P.M.**
Addictions
Families of Addicts

**TUESDAYS**
**INDIANA CAMPUS 6:30 P.M.**
Men's Addiction (THRIVE)
Women’s Addiction
**BLANKENBAKER CAMPUS**
Alcoholics Anonymous - FH 111 - 6:30 p.m.
**BULLITT COUNTY 7:00 P.M.**
Addictions (Coed)
Friends and Families of Addicts
  - Groups will meet at Bethel United Methodist | Community Life Center | 7357 KY-44, Mount Washington, KY 40047
**PROSPECT CAMPUS 6:30 P.M.**
Addictions (Coed)
**SOUTH LOUISVILLE CAMPUS 6:30 P.M.**
Addictions

**WEDNESDAYS**
**ETOWN CAMPUS 6:30 P.M.**
Addiction Recovery
**INDIANA CAMPUS 6:30 P.M.**
Families of Addicts

**ADDITIONAL GROUPS**
CROSS (Men’s Sexual Addiction)
Email: menofcross@gmail.com
Wives of Sex Addicts
Email: arcwives@hotmail.com

**GRIEF | HEALTH RELATED**

**MONDAYS**
**ONLINE 7:00 P.M. | HTTPS://ZOOM.US/J/217960435**
Grief - Breakout Groups Available
**CRESTWOOD CAMPUS**
Stillborn, Infant Loss 7:30 p.m. — 1st Monday
**SHELBY COUNTY 7:00 P.M.**
General Grief
**SOUTHWEST CAMPUS 7:00 P.M.**
Grief Group — 1st & 3rd Monday Post Abortive

**TUESDAYS**
**BLANKENBAKER CAMPUS**
Cancer Care Connection for women
  - 2nd Tuesday Only, 1:00-3:00 p.m. Fireside Room
**SOUTH LOUISVILLE 6:30 P.M.**
Grief

**WEDNESDAYS**
**ETOWN CAMPUS 6:30 P.M.**
Grief

**THURSDAYS**
**BLANKENBAKER CAMPUS**
Alzheimer’s Support Group – 3rd Thursday 1:00-3:00 p.m. FH111

**FRIDAYS**
**BLANKENBAKER CAMPUS 1:00 P.M.**
Chronic Pain and Illness - 4th Friday - Fireside Room
**MENTAL HEALTH & ADVERSITY**

**MONDAYS**
ONLINE 7:00 P.M. | HTTPS://ZOOM.US/J/174154667
Anxiety & Depression
SHELBY COUNTY 7:00 P.M.
Overcoming Adversity
SOUTHWEST CAMPUS 7:00 P.M.
Overcoming Adversity

**TUESDAYS**
BULLIT COUNTY 7:00 P.M.
Anxiety and Depression
INDIANA CAMPUS 6:30-8:30 P.M.
Women’s Depression and Anxiety
SOUTHWEST CAMPUS 7:00 P.M.
Anxiety and Depression

**WEDNESDAYS**
ETOWN CAMPUS 6:30 P.M.
Recovery for the Rest

**THURSDAYS**
HIGHLANDS 2:00 P.M.
Overcoming Adversity

**ADDITIONAL GROUPS**
Friends and Family of Those Struggling with Sexual Identity
Email: Familyandfriends920@gmail.com
Forgotten Hearts
Email: forgottenheartse@gmail.com
Journey to freedom (women’s unwanted same sex attraction)
Email: Care@secc.org
Women’s Abuse
Email: mendingheart@live.com

**MARRIAGE & FAMILY**

**TUESDAYS**
INDIANA CAMPUS 6:30 P.M.
Single Moms
SOUTH LOUISVILLE 6:30 P.M.
Healthy Relationships

**THURSDAYS**
BB CAMPUS
Moms in Prayer
- 1:00-3:00 p.m. ATLR 204

**SUNDAYS**
BB CAMPUS
Praying for Your Prodigal
- 4:00 p.m. - 2nd Sunday ATCR 202
Single Dad’s Huddle
- 9:00 a.m. - 1st & 3rd Sunday WC 248

**ADDITIONAL GROUPS**
Groups Support for Special Needs Parents
Email: tyialynn@criticallyloved.org
Facebook Page: @criticallyloved
*NEW WORKSHOPS COMING SOON*