

ENCOUNTER

THURSDAY NIGHT GROUPS

We are a community of broken people seeking help and healing through connection to Jesus and one another. Join us before groups in worship and message to help you unplug and prepare your heart for recovery. Our Thursday night worship service is from 6:30-7:30 p.m., groups meet immediately following until 8:45 p.m. Childcare is provided for birth-10 years. We can't wait to see you!

ADDICTIONS

ALCOHOLICS ANONYMOUS Thursdays • 6:00 p.m.	FH 131
FAMILIES OF ADDICTS For family or friends of those struggling with alcohol or substance abuse.	WC 446
FORGOTTEN HEARTS Contact forgottenheartse@gmail.com	Upon Request
MEN'S ADDICTION (12 STEP) Christ-centered program for men wanting to overcome addictions & compulsions	WC 239
MEN'S SEXUAL ADDICTION (CROSS) Contact menofcross@gmail.com	Upon Request
WIVES OF SEX ADDICTS Contact arcwives@hotmail.com	Upon Request
WOMEN'S ADDICTION & EATING DISORDER For women struggling with Addiction or Eating disorder.	WC 236

MARRIAGE & FAMILY

DIVORCE SUPPORT For those struggling with issues from divorce.	FH 118
FAMILIES OF THE INCARCERATED Confide in one another and seek God's answers to the hard questions	Fireside Room
MARRIAGE IN CRISIS (COUPLES/HUSBANDS) For those struggling in marriage or who are currently separated and seeking reconciliation	ATLR 202
SINGLE MOMS Come for support, encouragement, and guidance as you walk through real life situations.	ATLR 201
TEEN SUPPORT For teens ages 13-17 to come and find support in the difficulties of life	WC 231

GRIEF/HEALTH RELATED

SPECIFIC GRIEF

1ST THURSDAY Loss of Child, Loss of Spouse	3RD THURSDAY Loss of Child
2ND THURSDAY Loss of Parent, Loss due to Suicide/Substance Abuse	4TH THURSDAY Genreal Grief

GRIEF/HEALTH RELATED

ALZHEIMERS CAREGIVERS For caregivers of family members with Alzheimer's. *3rd Thursday • 1:00-2:30 p.m.	FH 111
COPING WITH CANCER This group is for those facing the challenges and struggles of cancer	FH 109
GENERAL GRIEF (EVERY THURSDAY) For anyone dealing with the loss of a loved one. See more specific grief groups below.(starts at 7:00 p.m, Welcoming more at 7:30pm)	ATCR 200/202

ADVERSITY

ANXIETY Find support & understanding in the midst of anxiety struggles	ATCR 207
CODEPENDENCY A group dealing with boundary issues for families and friends dealing with addiction.	FH 136
DEPRESSION A group for those seeking support and relief from depression.	FH 122
JOURNEY TO FREEDOM Women's Unwanted Same-Sex Attraction. Email: care@secc.org	Upon Request
MENTAL HEALTH SUPPORT A group for those with family members battling mental health issues	WC 464
MIGHTY OAKS A support group for veterans and first responders	WC 245
OVERCOMING ADVERSITY A group for those facing many kinds of obstacles and challenges.	FH 110
WOMEN'S ABUSE Email: mendingheart@live.com	Upon Request

ENCOUNTER

WEEKLY SCHEDULE

ADDICTIONS

MONDAYS

ONLINE 7:00 P.M.

Addictions (coed) - Zoom #174154667

CRESTWOOD CAMPUS

Alcoholics Anonymous - 6:15 p.m.

Addiction Recovery (Coed) 7:30 p.m.

Men's Sexual Accountability 7:30 p.m.

SHELBY COUNTY 7:00 P.M.

Addictions

Families of Addicts

TUESDAYS

INDIANA CAMPUS 6:30 P.M.

Men's Addiction (THRIVE)

Women's Addiction

BLANKENBAKER CAMPUS

Alcoholics Anonymous - FH 111 - 6:30 p.m.

BULLITT COUNTY 7:00 P.M.

Addictions (Coed)

Friends and Families of Addicts

- Groups will meet at Bethel United Methodist | Community Life Center | 7357 KY-44, Mount Washington, KY 40047

PROSPECT CAMPUS 6:30 P.M.

Addictions (Coed)

SOUTH LOUISVILLE CAMPUS 6:30 P.M.

Addictions

WEDNESDAYS

ETOWN CAMPUS 6:30 P.M.

Addiction Recovery

INDIANA CAMPUS 6:30 P.M.

Families of Addicts

ADDITIONAL GROUPS

CROSS (Men's Sexual Addiction)

Email: menofcross@gmail.com

Wives of Sex Addicts

Email: arcwives@hotmail.com

GRIEF | HEALTH RELATED

MONDAYS

ONLINE 7:00 P.M. |

[HTTPS://ZOOM.US/J/217960435](https://zoom.us/j/217960435)

Grief - Breakout Groups Available

CRESTWOOD CAMPUS

Stillborn, Infant Loss 7:30 p.m. — 1st Monday

SHELBY COUNTY 7:00 P.M.

General Grief

SOUTHWEST CAMPUS 7:00 P.M.

Grief Group — 1st & 3rd Monday

Post Abortive

TUESDAYS

BLANKENBAKER CAMPUS

Cancer Care Connection for women

- 2nd Tuesday Only, 1:00-3:00 p.m. Fireside Room

SOUTH LOUISVILLE 6:30 P.M.

Grief

WEDNESDAYS

ETOWN CAMPUS 6:30 P.M.

Grief

THURSDAYS

BLANKENBAKER CAMPUS

Alzheimer's Support Group – 3rd

Thursday 1:00-3:00 p.m. FH111

FRIDAYS

BLANKENBAKER CAMPUS 1:00 P.M.

Chronic Pain and Illness - 4th Friday - Fireside Room

ENCOUNTER

WEEKLY SCHEDULE (CONTINUED)

MENTAL HEALTH & ADVERSITY

MONDAYS

ONLINE 7:00 P.M. |

HTTPS://ZOOM.US/J/174154667

Anxiety & Depression

SHELBY COUNTY 7:00 P.M.

Overcoming Adversity

SOUTHWEST CAMPUS 7:00 P.M.

Overcoming Adversity

TUESDAYS

BULLIT COUNTY 7:00 P.M.

Anxiety and Depression

INDIANA CAMPUS 6:30-8:30 P.M.

Women's Depression and Anxiety

SOUTH LOUISVILLE 6:30 P.M.

Anxiety and Depression

WEDNESDAYS

ETOWN CAMPUS 6:30 P.M.

Recovery for the Rest

THURSDAYS

HIGHLANDS 2:00 P.M.

Overcoming Adversity

ADDITIONAL GROUPS

Friends and Family of Those Struggling with Sexual Identity

Email: Familyandfriends920@gmail.com

Forgotten Hearts

Email: forgottenheartse@gmail.com

Journey to freedom (women's unwanted same sex attraction)

Email: Care@secc.org

Women's Abuse

Email: mendingheart@live.com

MARRIAGE & FAMILY

TUESDAYS

INDIANA CAMPUS 6:30 P.M.

Single Moms

SOUTH LOUISVILLE 6:30 P.M.

Healthy Relationships

THURSDAYS

BB CAMPUS

Moms in Prayer

- 1:00-3:00 p.m. ATR 204

SUNDAYS

BB CAMPUS

Praying for Your Prodigal

- 4:00 p.m. - 2nd Sunday ATR 202

Single Dad's Huddle

- 9:00 a.m. - 1st & 3rd Sunday WC 248

ADDITIONAL GROUPS

Groups Support for Special Needs Parents

Email: tyialynn@criticallyloved.org

Facebook Page: @criticallyloved

ENCOUNTER

ADDITIONAL GROUPS AND WORKSHOPS

NEW WORKSHOPS COMING SOON