

# ENCOUNTER

# THURSDAY NIGHT GROUPS

We are a community of broken people seeking help and healing through connection to Jesus and one another. Join us before groups in worship and message to help you unplug and prepare your heart for recovery. Our Thursday night worship service is from 6:30-7:30 p.m., groups meet immediately following until 8:45 p.m. Childcare is provided for birth-10 years. We cant wait to see you!

## ADDICTIONS

<b>ALCOHOLICS ANONYMOUS</b> .....	<b>FH 131</b>
Thursdays • 6:00 p.m.	
<b>FAMILIES OF ADDICTS</b> .....	<b>WC 446</b>
For family or friends of those struggling with alcohol or substance abuse.	
<b>FORGOTTEN HEARTS</b> .....	<b>Upon Request</b>
For women wanting to overcome love and sexual addiction. Contact forgottenheartse@gmail.com	
<b>MEN'S ADDICTION (12 STEP)</b> .....	<b>WC 239</b>
Christ-centered program for men wanting to overcome addictions & compulsions	
<b>MEN'S SEXUAL ADDICTION (CROSS)</b> .....	<b>Upon Request</b>
Contact menofcross@gmail.com	
<b>WIVES OF SEX ADDICTS</b> .....	<b>Upon Request</b>
Contact arcwives@hotmail.com	
<b>WOMEN'S ADDICTION &amp; EATING DISORDER</b> .....	<b>WC 236</b>
For women struggling with Addiction or Eating disorder.	

## MARRIAGE & FAMILY

<b>DIVORCE SUPPORT</b> .....	<b>FH 118</b>
For those struggling with issues from divorce.	
<b>FAMILIES OF THE INCARCERATED</b> .....	<b>Fireside Room</b>
Confide in one another and seek God's answers to the hard questions	
<b>MARRIAGE IN CRISIS (COUPLES/INDIVIDUALS)</b> .....	<b>ATLR 202</b>
For those struggling in marriage or who are currently separated and seeking reconciliation	
<b>SINGLE MOMS</b> .....	<b>ATLR 201</b>
Come for support, encouragement, and guidance as you walk through real life situations.	
<b>TEEN SUPPORT</b> .....	<b>Upon Request</b>
For teens ages 13-17 to come and find support in the difficulties of life. Must register to attend. For details email Care@secc.org	
<b>PARENTS OF ESTRANGED CHILDREN</b> .....	<b>WC 448</b>
Meets every other week beginning September 8 .	

## GRIEF/HEALTH RELATED

<b>ALZHEIMERS CAREGIVERS</b> .....	<b>FH 111</b>
For caregivers of family members with Alzheimer's. *3rd Thursday • 1:00-2:30 p.m.	
<b>COPING WITH CANCER</b> .....	<b>FH 109</b>
This group is for those facing the challenges and struggles of cancer	
<b>GENERAL GRIEF (EVERY THURSDAY)</b> .....	<b>ATCR 200/202</b>
For anyone dealing with the loss of a loved one. See more specific grief groups below.(starts at 7:00 p.m, Welcoming more at 7:30pm)	

### SPECIFIC GRIEF

<b>1ST THURSDAY</b>	<b>2ND THURSDAY</b>	<b>3RD THURSDAY</b>	<b>4TH THURSDAY</b>
Loss of Child Loss of Spouse	Loss of Parent, Loss due to Suicide/Substance Abuse	Loss of Child	Genral Grief

## ADVERSITY

<b>ANXIETY</b> .....	<b>ATCR 207</b>
Find support & understanding in the midst of anxiety struggles	
<b>CODEPENDENCY</b> .....	<b>FH 136</b>
A group dealing with boundary issues for families and friends dealing with addiction.	
<b>DEPRESSION</b> .....	<b>FH 122</b>
A group for those seeking support and relief from depression.	
<b>JOURNEY TO FREEDOM</b> .....	<b>Upon Request</b>
Women's Unwanted Same-Sex Attraction. Email: care@secc.org	
<b>MENTAL HEALTH SUPPORT</b> .....	<b>WC 464</b>
A group for those with family members battling mental health issues	
<b>MIGHTY OAKS</b> .....	<b>WC 245</b>
A support group for veterans and first responders	
<b>OVERCOMING ADVERSITY</b> .....	<b>FH 110</b>
A group for those facing many kinds of obstacles and challenges.	
<b>WOMEN'S ABUSE</b> .....	<b>Upon Request</b>
Email: mendingheart@live.com	

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ATCR 200/  
202

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Loss of Child

##### 4TH THURSDAY

Genral Grief

### MARRIAGE & FAMILY

#### DIVORCE SUPPORT

For those struggling with issues from divorce.

FH 118

#### FAMILIES OF THE INCARCERATED

Confide in one another and seek God's answers to the hard questions

Fireside Room

#### MARRIAGE IN CRISIS (COUPLES/INDIVIDUALS)

For those struggling in marriage or who are currently separated and seeking reconciliation

ATLR 202

#### SINGLE MOMS

Come for support, encouragement, and guidance as you walk through real life situations.

ATLR 201

#### TEEN SUPPORT

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Upon Request

#### PARENTS OF ESTRANGED CHILDREN

Meets every other week beginning September 8 .

WC 448

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## GROUPS THROUGHOUT THE WEEK

Below you will find groups organized by campus along with their meeting times!  
If you need help finding a group please contact the Care Ministry by phone or email:  
502.253.8400 | Care@secc.org

### BLANKENBAKER CAMPUS DAYS AND TIMES VARY

- Alcoholics Anonymous - FH 111**
  - Tuesdays, 6:30 p.m.
- Alzheimer's Support Group - FH 111**
  - 3rd Thursday 1:00-3:00 p.m.
- Cancer Care Connection (Women) - Fireside**
  - 2nd Tuesday, 1:00-3:00 p.m.
- Chronic Pain and Illness - Fireside**
  - 4th Friday, 1:00 p.m.
- Grief Workshop - FH 110**
  - Tuesdays, 6:30-8:00pm, Sept. 20– Nov. 15.
- Mom's in Prayer - ATR 204**
  - Thursdays, 1:00-3:00 p.m.
- Parents of Addicted Loved Ones - WC 446**
  - Tuesdays, 6:30 p.m.
- Praying for Your Prodigal - ATCR 202**
  - 2nd Sunday 4:00 p.m.
- Step Family Support - WC 367**
  - Sundays, 10:45 a.m., starting Sept. 11.

### BULLITT COUNTY CAMPUS TUESDAYS 7:00 P.M.

- Addictions (Coed)**
- Anxiety and Depression**
- Friends and Families of Addicts**
- Men's Sexual Addiction**
- Women's Abuse \*Beginning Oct. 12**

### CRESTWOOD CAMPUS MONDAYS 7:30 P.M.

- Alcoholics Anonymous \*6:15 P.M.**
- Men's Sexual Accountability**
- Stillborn, Infant Loss \*1st Monday**

### ELIZABETHTOWN CAMPUS WEDNESDAYS 7:00 P.M.

- Addiction Recovery**
- Grief**
- Recovery for the Rest**

### HIGHLANDS THURSDAYS 2:00 P.M.

- Overcoming Adversity**

### LA GRANGE CAMPUS WEDNESDAYS 6:30 P.M.

- Women's Healing Group**
- Grief Workshop \*Oct. 12 - Jan. 18**
- Addiction**

### INDIANA CAMPUS TUESDAYS 6:30 P.M.

- Grief Workshop \* Aug. 2 - Nov. 8**
- Families of Addicts \*Wednesdays 6:30 p.m.**
- Men's Addiction (THRIVE)**
- Single Moms**
- Women's Addiction**
- Women's Depression and Anxiety**

### ONLINE MONDAYS 7:00 P.M.

- Anxiety and Depression**
  - [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)
- Grief**
  - [HTTPS://ZOOM.US/J/217960435](https://zoom.us/j/217960435)

### SOUTH LOUISVILLE CAMPUS TUESDAYS 6:30 P.M.

- Addictions**
- Grief Support**
- Healthy Relationships**
- Trauma Care**
- Wives of Domestic Abuse**

### SOUTHWEST CAMPUS MONDAYS 7:00 P.M.

- Overcoming Adversity**

### PROSPECT CAMPUS TUESDAYS 6:30 P.M.

- Addictions (Coed)**

### SHELBY COUNTY CAMPUS MONDAYS 7:00 P.M.

- Addictions**
- General Grief**
- Families of Addicts**
- Overcoming Adversity**

### ADDITIONAL GROUPS CONTACT FOR DETAILS

- CROSS (Men's Sexual Addiction)**  
Email: [menofcross@gmail.com](mailto:menofcross@gmail.com)
- ARC WIVES (Wives of Sex Addicts)**  
Email: [arcwives@hotmail.com](mailto:arcwives@hotmail.com)
- Sexual Identity: Love in the Conflict (SILC) - Last Tues/mo**  
Email: [Familyandfriends920@gmail.com](mailto:Familyandfriends920@gmail.com)
- Forgotten Hearts (Women's Relational and Sexual Addiction)**  
Email: [forgottenheartse@gmail.com](mailto:forgottenheartse@gmail.com)
- Journey to freedom (women's unwanted same sex attraction)**  
Email: [Care@secc.org](mailto:Care@secc.org)
- Women's Abuse**  
Email: [mendingheart@live.com](mailto:mendingheart@live.com)
- Group Support for Special Needs Parents**  
Email: [tyialynn@criticallyloved.org](mailto:tyialynn@criticallyloved.org)  
Facebook Page: [@criticallyloved](https://www.facebook.com/criticallyloved)