

ENCOUNTER

THURSDAY NIGHT GROUPS

We are a community of broken people seeking help and healing through connection to Jesus and one another. Join us before groups in worship and message to help you unplug and prepare your heart for recovery. Our Thursday night worship service is from 6:30-7:30 p.m., groups meet immediately following until 8:45 p.m. Childcare is provided for birth-10 years. We cant wait to see you!

ADDICTIONS

ALCOHOLICS ANONYMOUS	FH 131
Thursdays • 6:00 p.m.	
*FAMILIES OF ADDICTS	WC 446
For family or friends of those struggling with alcohol or substance abuse.	
*FORGOTTEN HEARTS	Upon Request
For women wanting to overcome love and sexual addiction. Contact forgottenheartse@gmail.com	
MEN'S ADDICTION (12 STEP)	WC 239
Christ-centered program for men wanting to overcome addictions & compulsions	
MEN'S SEXUAL ADDICTION (CROSS)	Upon Request
Contact menofcross@gmail.com	
WIVES OF SEX ADDICTS	Upon Request
Contact arcwives@hotmail.com	
*WOMEN'S ADDICTION & EATING DISORDER	WC 236
For women struggling with Addiction or Eating disorder.	

MARRIAGE & FAMILY

DIVORCE SUPPORT	FH 118
For those struggling with issues from divorce.	
FAMILIES OF THE INCARCERATED	Fireside Room
Confide in one another and seek God's answers to the hard questions	
MARRIAGE IN CRISIS (COUPLES/INDIVIDUALS)	ATLR 202
For those struggling in marriage or who are currently separated and seeking reconciliation	
*TEEN SUPPORT	ATLR 201
For teens ages 13-17 to come and find support in the difficulties of life. Must register to attend. For details email Care@secc.org Registration: https://shorturl.at/jmGJP	
PARENTS OF ESTRANGED CHILDREN	Upon Request
Meets the 1st and 3rd weeks of the month	
PARENTS OF TEENS WITH MENTAL HEALTH ISSUES	WC 448
	WC 237

GRIEF/HEALTH RELATED

ALZHEIMERS CAREGIVERS	FH 111
For caregivers of family members with Alzheimer's. *3rd Thursday • 1:00-2:30 p.m.	
COPING WITH CANCER	FH 109
This group is for those facing the challenges and struggles of cancer	
GENERAL GRIEF (EVERY THURSDAY)	ATCR 200/202
For anyone dealing with the loss of a loved one. See more specific grief groups below.(starts at 7:00 p.m, Welcoming more at 7:30pm)	

SPECIFIC GRIEF

1ST THURSDAY	2ND THURSDAY	3RD THURSDAY	4TH THURSDAY
Loss of Child	Loss of Parent, Loss due to	Loss of Child	Genral Grief
Loss of Spouse	Suicide/Substance Abuse		

ADVERSITY

*ANXIETY	ATCR 207
Find support & understanding in the midst of anxiety struggles	
*CODEPENDENCY	FH 136
A group dealing with boundary issues for families and friends dealing with addiction.	
*DEPRESSION	FH 120
A group for those seeking support and relief from depression.	
SEXUAL IDENTITY: LOVE IN THE CONFLICT	Upon Request
Meets the last Tuesday of each. month. Email: Familyandfriends920@gmail.com	
MENTAL HEALTH SUPPORT	WC 464
A group for those with family members battling mental health issues	
MIGHTY OAKS	WC 245
A support group for veterans and first responders	
*OVERCOMING ADVERSITY	FH 110
A group for those facing many kinds of obstacles and challenges.	
*WOMEN'S ABUSE	Upon Request
Email: mendingheart@live.com	
*HART: HEALING FROM ABUSIVE RELATIONSHIPS AND TRAUMA	Upon Request
Email: juliegouldcounseling@gmail.com	

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GROUPS THROUGHOUT THE WEEK

Below you will find groups organized by campus along with their meeting times!
If you need help finding a group please contact the Care Ministry by phone or email:
502.253.8400 | Care@secc.org

BLANKENBAKER CAMPUS DAYS AND TIMES VARY

- Alcoholics Anonymous - FH 111
 - Tuesdays, 6:30 p.m.
- Alzheimer's Support Group - FH 111
 - 3rd Thursday 1:00-3:00 p.m.
- Cancer Care Connection (Women) - Fireside
 - 2nd Tuesday, 1:00-3:00 p.m.
- Chronic Pain and Illness - ATCR 209
 - 4th Friday, 1:00 p.m.
- Mom's in Prayer - ATR 204
 - Thursdays, 1:00-3:00 p.m.
- Parents of Addicted Loved Ones - WC 446
 - Tuesdays, 6:30 p.m.
- Praying for Your Prodigal - ATCR 202
 - Thursdays, 2:00 p.m.
- *Step Family Support - WC 367
 - Sundays, 10:45 a.m.
- Pillars of Parenting - WC 237
 - Sundays, 10:45 a.m.

BULLITT COUNTY CAMPUS TUESDAYS 7:00 PM

- Addictions (Coed)
- Anxiety
- Depression (1 & 3 weeks)
- *Friends and Families of Addicts
- *Pure Desire (Men's Sexual Addiction)

CRESTWOOD CAMPUS MONDAYS 7:30 PM

- Alcoholics Anonymous * 6:15 PM
- Men's Sexual Accountability
- Stillborn, Infant Loss * 1st Monday

ELIZABETHTOWN CAMPUS WEDNESDAYS 7:00 PM

- Addiction Recovery
- Grief
- Recovery for the Rest

HIGHLANDS THURSDAYS 2:00 PM

- Overcoming Adversity

LA GRANGE CAMPUS WEDNESDAYS 6:30 PM

- Women's Healing Group
- Addiction

INDIANA CAMPUS TUESDAYS 6:30 PM

- Families of Addicts * Wednesdays 6:30 PM
- Men's Addiction (THRIVE)
- Single Moms
- Women's Addiction
- Women's Depression and Anxiety

ONLINE MONDAYS 7:00 PM

- Anxiety and Depression
 - [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)
- Grief
 - [HTTPS://ZOOM.US/J/217960435](https://zoom.us/j/217960435)

SOUTH LOUISVILLE CAMPUS TUESDAYS 6:30 PM

- Addictions
- *Grief Support
- Healthy Relationships
- *Trauma Care
- *Wives of Domestic Abuse

SOUTHWEST CAMPUS MONDAYS 7:00 PM

- Overcoming Adversity

PROSPECT CAMPUS TUESDAYS 6:30 PM

- Addictions (Coed)

SHELBY COUNTY CAMPUS MONDAYS 7:00 PM

- Addictions
- *General Grief
- Families of Addicts
- Overcoming Adversity

ADDITIONAL GROUPS CONTACT FOR DETAILS

- CROSS (Men's Sexual Addiction)
Email: menofcross@gmail.com
- Mosaic (Wives of Sex Addicts)
Email: arcwives@hotmail.com
- Sexual Identity: Love in the Conflict (SILC) - Last Tues/mo
Email: Familyandfriends920@gmail.com
- Forgotten Hearts (Women's Relational and Sexual Addiction)
Email: forgottenheartse@gmail.com
- *Women's Abuse
Email: mendingheart@live.com
- Group Support for Special Needs Parents
Email: tyialynn@criticallyloved.org
Facebook Page: @criticallyloved