



# Books on Foster Care + Adoption

## **BOOKS ABOUT PARENTING AND ATTACHMENT**

- The Connected Child - Karyn Purvis
- The Connected Parent - Lisa Qualls
- The Whole-Brain Child - Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.
- The Power of Showing Up - Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.
- No-Drama Discipline - Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.
- The Yes Brain - Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.
- Securely Attached – Mike and Kristin Berry
- Foster the Family: Encouragement, Hope, and Practical Help for the Christian Foster Parent – Jamie Finn
- Born Broken – Kristin Berry
- Keep the Doors Open: Lessons Learned from a Year of Foster Parenting – Kristin Berry
- Wounded Children, Healing Homes – Jayne Schooler
- The Whole Life Adoption Book: Realistic Advice for Building a Healthy Adoptive Family – Jayne E. Schooler and Thomas C. Atwood
- The Body Keeps the Score – Bessel van der Kolk
- Beyond Consequences, Logic, and Control – Heather T. Forbes and B. Bryan Post
- I Love You Rituals – Becky A. Bailey, Ph.D.
- The Open Adoption Experience – Lois Ruskai Melina and Sharon Kaplan Roszia
- Nurturing Adoptions: Creating Resilience after Neglect and Trauma – Deborah Gray
- Attaching In Adoption: Practical Tools for Today's Parents – Deborah Gray

## **BOOKS ABOUT TRANSRACIAL ADOPTION + CARE**

- Chocolate Hair, Vanilla Care – Rory Mullen
- Inside Transracial Adoption – Beth Hall
- I'm Chocolate, You're Vanilla – Marguerite Wright

## **BOOKS BY ADOPTEES**

- Through Adopted Eyes: A Collection of Memoirs from Adoptees – Elena Hall
- Through Adopted Hearts: A Collection of Memoirs from Birth and Adopted Parents – Elena Hall
- All You Can Ever Know – Nicole Chung

## **BOOKS ON SPECIFIC TOPICS + ISSUES**



- Relentless: A Study for Those Called to Love a Child from the Hard Places – Susan Killeen Jones – devotional for parents raising kids from hard places
- Love Me, Feed Me: The Adoptive Parent’s Guide to Ending the Worry About Weight, Picky Eating, Power Struggles and More – Katja Rowell – all things eating issues for kids from hard places
- Before You Were Mine – Carissa R. Woodwyk – creating lifebooks for your children
- The Out of Sync Child – Carol Kranowitz – parenting a child with sensory processing disorder and other sensory challenges

#### **CHILDREN’S BOOKS ABOUT ADOPTION**

- You Weren’t With Me (Ambiguous book, but good to discuss complex bio family feelings) – Chandra Ghosh Ippen
- A Mother for Chaco (bird finds an adoptive family) – Keiko Kasza
- Adoption is Both – Elena Hall
- Star of the Week (China, International Adoption)- Darlene Friedman
- Motherbridge of Love (ties between birth mother and adoptive mother) – Xinran
- Ten Days and Nine Nights (girl waits for parents to bring home little sibling from Korea) – Yumi Heo
- All Bears Need Love (bear finds an adoptive mama) – Tanya Valentine

#### **CHILDREN’S BOOKS ABOUT INCLUSION + CELEBRATING DIFFERENCES**

- Gary’s Gigantic Dream (main character/animal uses a wheelchair) – Dr. Nicole Julia
- Lia’s Kind Mind (main character/animal has birthmark) – Dr. Nicole Julia
- The Day You Begin (main character is African American girl, includes Korean character/culture) – Jacqueline Woodson
- Same Same But Different – Jenny Sue Kostecki-Shaw
- Daniel’s New Friend (Daniel Tiger’s Neighborhood; features secondary character with physical disability) – Becky Friedman
- We’re Different We’re the Same (shows many skin colors, facial features, etc) – Sesame Street – Bobbi Kates

#### **CHILDREN’S BOOKS ABOUT CHARACTERS WITH DISABILITIES**

- A Friend for Henry (autism) – Jenn Bailey
- Why Johnny Doesn’t Flap (autism) – Clay and Gail Morton
- The Girl Who Thought in Pictures (autism) – Julia Finley Mosca
- The Boy with Big Big Feelings (autism/SPD/big feelings) – Britney Winn Lee

#### **CHILDREN’S BOOKS FEATURING CHARACTERS OF DIFFERENT COLORS, CULTURES, OR ABILITIES**

- When God Made You (African American girl, main character) – Matthew Paul Turner
- The Paperboy (African American boy, main character)- Dav Pilkey
- Ways to Welcome (lovely illustrations featuring a myriad of races, cultures, and disabilities) – Linda Ashman



- Daniel's New Friend (Daniel Tiger's Neighborhood; girl with physical disability, secondary character) – Becky Friedman
- The Colors of Us (many races and cultures, no main character) – Karen Katz
- Be Kind (African American girl, main character) – Pat Ziehow Miller

#### **CHILDREN'S BOOKS ABOUT AFRICAN AMERICAN CULTURE/CHARACTERS/CELEBRATION**

- Hair Love (African American family, main characters) – Matthew A Cherry
- Chocolate Me! (African American boy, main character) – Taye Diggs
- Little Leaders: Bold Women in Black History (multiple black female main characters) – Vashti Harrison
- Bippity Bop Barbershop (boy's hair) – Natasha Anastasia Tarpley
- Haircuts at Sleepy Sam's (boy's hair) – Michael R. Strickland
- Crown: An Ode to the Fresh Cut (boy's hair) – Derrick Barnes and Gordon C. James
- I Love My Hair! (girl's hair) – Natasha Anastasia Tarpley
- Big Hair, Don't Care (girl's hair) – Crystal Swain-Bates
- I Love My Cotton Candy Hair (girl's hair) – Nicole Updegraff
- Emi's Curly, Coily, Cotton Candy Hair (girl's hair) – Tina Olajide
- Penny and the Magic Puffballs (girl's hair) – Alonda Williams
- Marvelous Me (girl's hair) – Lisa Bullard
- Princess Hair (girl's hair) – by Sharee Miller
- Rapunzel (girl's hair) – retold by Rachel Isadora

#### **CHILDREN'S BOOKS ABOUT ASIAN CULTURE/CHARACTERS/HOLIDAYS**

- Bee-Bim Bop (Korean) – Linda Sue Park
- A Friend for Henry (Asian, autism) – Jenn Bailey
- Round is a Mooncake (Chinese/Taiwanese) – Roseanne Thong
- My Day with Gong Gong (Chinese) – Sennah Yee
- Same Same But Different (Indian) – Jenny Sue Kostecki-Shaw
- Eyes that Kiss in the Corners (Chinese, but celebrates "Asian eyes," girl) – Joanna Ho
- Eyes that Speak to the Stars (Chinese, but celebrates "Asian eyes," boy) – Joanna Ho
- I Am the Subway (Korean) – Kim Hyo-eun
- I Am Golden (Chinese American) – Eva Chen
- My Dragon Boat Festival (Dragon Boat Festival) – Bing Ge
- The Name Jar (Korean American) – Yangsook Choi



- American Desi (Indian American) – Jyoti Rajan Gopal
- Binny's Diwali (Festival of Lights) – Thrity Umrigar
- Goldy Luck and the Three Pandas (Chinese New Year) – Natasha Yim
- Bringing in the New Year (Chinese New Year) – Grace Lin
- When Spring Comes to the DMZ (Korean) – Uk-Bae Lee
- Amy Wu and the Perfect Bao (Chinese) – Kat Zhang
- Mela and the Elephant – Dow Phumiruk (Thai)