


CONNECT WITH US

502.253.8600 • southeastsportsandfitness.org

 @SoutheastChristianSportsFitness

 @sesportsfitness

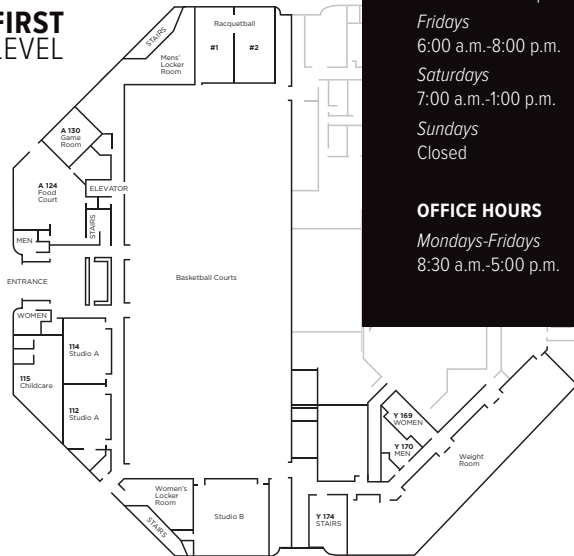


920 Blankenbaker Parkway
Louisville, KY 40243

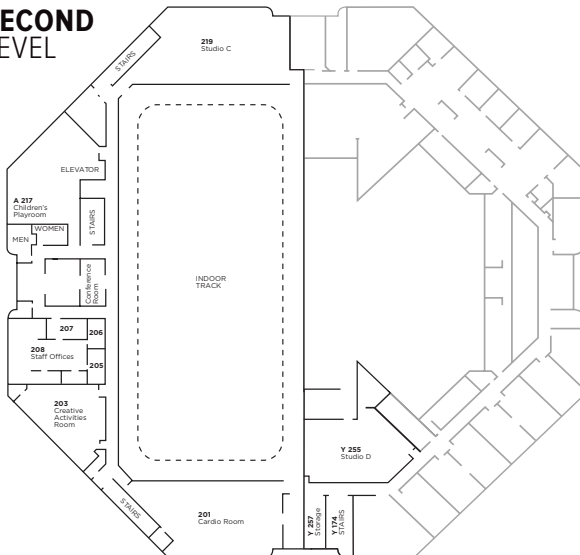
Connecting people to Jesus and one another



FIRST LEVEL



SECOND LEVEL



HOURS OF OPERATION

APRIL-OCTOBER

Mondays-Fridays

6:00 a.m.-8:00 p.m.

Saturdays

7:00 a.m.-1:00 p.m.

Sundays

Closed

NOVEMBER-MARCH

Mondays-Thursdays

6:00 a.m.-10:00 p.m.

Fridays

6:00 a.m.-8:00 p.m.

Saturdays

7:00 a.m.-1:00 p.m.

Sundays

Closed

OFFICE HOURS

Mondays-Fridays

8:30 a.m.-5:00 p.m.



SPORTS & FITNESS

SOUTHEAST CHRISTIAN CHURCH



MINISTRY PURPOSE

- Connecting people to Jesus and one another
- Providing a safe and comfortable way for Southeast members to introduce friends and families to church
- Offering activities for family members of all ages

ELIGIBILITY FOR USE

- All leagues and fitness classes are open to the general public
- Church membership or regular attendance at Southeast is required for access to the *Sports & Fitness Center*
- Guests should be accompanied by members while in the facility
- Children under the age of 11 must be accompanied by a parent or guardian

ORIENTATION

You must acquire a *Sports & Fitness* photo ID for either a *Get Acquainted* membership or a full gym membership. Everyone who calls Southeast their home church is eligible for access to the *Sports & Fitness Center* upon completion of orientation. An orientation can be arranged at the front desk of the *Sports & Fitness Center*, or by calling **502.253.8600**.

LOCKER ROOM/WEIGHT ROOM/ TRACK AND CARDIO

- Participants must be 14 years of age or older
- Track and cardio keys may be checked out at the front desk
- No food or drink allowed (*except water*)

RACQUETBALL COURTS

- Scheduled activity takes priority over free play
- Mar-resistant shoes are required—no street shoes
- Racquetball Courts may be used for a one-hour period and reserved 24 hours in advance
- Racquets and eye guards can be checked out (*eye protection is required*)
- No food or drink allowed (*except water*)

FOOD COURT & GAME ROOM

- Scheduled programs take priority over open use
- Large gatherings or parties are not allowed
- All food or drink must remain in the Food Court

CHILDREN'S PLAYROOM

- Open to children 6 and under with parent or guardian supervision
- Available during normal hours of operation

CHILDCARE

- Childcare is available on a first-come, first-served basis at the rate of \$2 for a one-hour period for children 6 weeks to 10 years old
- When JCPS is closed or delayed due to weather, childcare will be unavailable during the mornings
- Childcare hours and details can be found at southeastsportsandfitness.org

DRESS CODE

- Please be modest with all clothing choices
- Help maintain a safe and comfortable place where people can connect to Jesus and others by avoiding clothing that would draw attention to your body
- Athletic clothing only (*i.e., no jeans, slacks, or button-down shirts*)
- No exposed mid-sections, sports bras, or spaghetti-strap tank tops
- Apparel with inappropriate messages or advertisements are not acceptable
- Athletic shoes must be worn at all times (*no open-toed shoes or boots*)

