

SERMON DISCUSSION QUESTION

SIMPLE: WEEK 1

While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to southeastchristian.org to join a group in person or online, wherever you are - today!

Looking back over the past decade, what are some ways your life has become more complex? How has this increased complexity changed your priorities/plans/outlook? How has the technology that promised to make your life easier actually made it more cluttered?

What comes to mind when you think of a “simple” life? What does that kind of life even look like? Is that kind of life even possible in today’s world? In what ways would a simpler life be comforting to you? In what ways would it challenge you?

Read Matthew 7:24-27. What stands out to you as you read this short story? What is the primary difference between the two houses/builders? What are some of the “foundations” people build upon in our day? How does Jesus offer a better foundation?

What “storms” have you experienced in your life? How did those storms reveal the foundation you were building on? In what ways does suffering reveal who we really are? How does the firm foundation Jesus provides help us to stay focused in times of suffering and pain?

Kyle reminded us that habits are the “invisible architecture of our daily lives.” Think through your daily schedule. What does a typical day look like for you? What are some “habits” that you have intentionally (or maybe even unintentionally) built into your day? What has been the cumulative impact of those habits?

Read Psalm 1:1-6. What contrast does the Psalmist make in these verses? How does this passage compare with Jesus’ words in Matthew 7:24-29? As you look forward into 2023, what are some ways you can bring more wisdom into your life? What new habits can help you solidify your foundation?