



NO MATTER
WHAT COMES
THROUGH THESE
DOORS

When _____ Comes Through Those Doors

We are all fighting battles—some expected, some coming out of nowhere. We can rest assured that whatever comes into our lives, we know we have a God who has already overcome them. We can rest assured in the promises of God in Scripture.

Below are some common battles with a few verses. Use these passages to invite God into the battle.

Addiction

Addiction to anything puts us in chains, but because of Christ, we are set free from the desires of our sinful nature.

Scripture

1 Corinthians 6:9-12; Galatians 5:1, 24; Romans 6:6-7, 14; Romans 8:1-14

Anger

Give your anger permission, but don't let it rule you. Anger is a God-given emotion. Consider its motivation. If handled well, it can provide positive change.

Scripture

Psalm 4:4, Ecclesiastes 7:9, Ephesians 4:26-27

Anxiety/Fear

When anxiety and fear grip you, be still before God. Lay your anxious and fearful thoughts before Him and think of the peace that He longs to give you in the present moment.

Scripture

Exodus 14:14, Psalm 27, John 14:27, Philippians 4:6-8

Confusion

In the midst of making so many crucial decisions, we find ourselves confused and uncertain. One thing we can be certain of is that we have the perfect guide—the Holy Spirit.

Scripture

Exodus 15:13, Nehemiah 9:19, Psalm 119:105, John 16:13

Depression

Living in the exhaustion and darkness of depression is difficult. Jesus offers us so much hope, energy, and light. Let Him revive and renew your weary soul.

Scripture

1 Kings 19:3-8, Psalm 43:5, Psalm 143, John 12:46, 2 Corinthians 4:16-18

Doubt

It happens to everyone—we question whether or not we can truly believe God to be who He says He is. Yet, throughout Scripture we read about His faithfulness. We can have faith in what we cannot see!

Scripture

Genesis 18:10-14, Psalm 119:68, Romans 4:18-21, 2 Timothy 2:13

Financial Trouble

When financial burdens are heavy, we can find peace, knowing that God provides exactly what we need when we need it. The pressure may be on, but God wants to show you that you can rely on Him for all of your needs.

Scripture

Psalm 23:1, Matthew 6:25-34, Matthew 7:9-11, Philippians 4:19

Grief/Sadness

We all, to some extent, have experienced the weight of pain associated with the loss of a loved one, the burdens of this world, and the weight of our own sin. God sees our pain and has compassion on us. He

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will not allow us to be crushed and instead will comfort us.

Scripture

Psalm 6:6-9, Isaiah 53:3-4, Lamentations 3:22-24, John 11:32-35, 2 Corinthians 1:3-7

Guilt/Shame

Satan knows that forgiveness leads to freedom. Therefore, he traps us in guilt and shame. He does all he can to keep us trapped in the lie that we are our sin. Jesus has come to set captives free, providing a way out of the prison that guilt and shame want to keep us in.

Scripture

Psalm 32, Psalm 51, John 8:3-11, Romans 8:1-2, 2 Corinthians 7:9-11

Illness/Pain

With illness and pain comes fear, worry, and suffering. Comfort can be found throughout Scripture as we remind ourselves of God's strength and the compassion He has for us.



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Scripture

Psalm 73:26, Psalm 103, Isaiah 53:3-5, 2 Corinthians 12:7-11, Hebrews 4:15-16

Loneliness

Are you surrounded by people yet feel alone? Have you been isolated due to extenuating circumstances? Jesus calls you friend and has left the Holy Spirit with you so that you don't have to feel the pangs of loneliness.

Scripture

Deuteronomy 31:6, 1 Samuel 12:22, Psalm 68:4-6, John 14:16-18

Temptation

Life is full of little—and big—things that want to take us captive. The enemy is prowling like a lion looking for moments where he can get us to turn from God and take things into our hands. Resist him and press into the reality of God's saving grace.

Scripture

Matthew 4:1-11, 1 Corinthians 10:13, Hebrews 2:18, James 4:7, 1 Peter 5:8-11

ADDITIONAL RESOURCES

Encounter

Encounter—the Support and Recovery Ministry of Southeast—is a community of people seeking healing and hope through prayer, worship, testimonies, teaching, and support and recovery groups. Groups serve a wide variety of struggles such as abuse, addiction, depression, grief, marriage in crisis, etc. Our support groups meet throughout the week at most of our campuses and online. *For more details, call 502.253.8400, email care@secc.org, or visit linktr.ee/se_encounter.*

Books:

- *Addiction and Grace* by Gerald G. May
- *Boundaries for Your Soul* by Alison Cook and Kimberly Miller
- *The Cry of the Soul* by Dan Allender and Tremper Longman III
- *Don't Give Up* by Kyle Idleman
- *Get Out of Your Head* by Jeanie Allen
- *It's Not Supposed to Be This Way* by Lysa TerKeurst
- *Overcoming Emotions that Destroy* by Chip Ingram
- *Praying God's Word* by Beth Moore
- *You'll Get Through This* by Max Lucado