

SERMON DISCUSSION QUESTIONS

ALLELON: WEEK 1

While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to southeastchristian.org to join a group in person or online, wherever you are - today!

Have you ever tried to carry more than you could physically lift? What effects can that have on a body? What was it like when someone came to help you carry that weight? Have you ever tried to carry more than you could emotionally/spiritually lift? What effects can that have on our souls?

Read Galatians 6:1-5. What's Paul's reasoning for telling us to carry each other's burdens? In what ways does doing this fulfill Christ's commands to us? How does burden bearing make us more like Him?

Recent studies have confirmed the dangers of isolation. Why is it so dangerous for us to be alone? What does this teach us about the kind of community and life God created us for? How is the church a kind of antidote to our culture of loneliness?

Dave defined a burden as "a sin, a setback, or a situation we face." What are some common burdens people face today? How have the past couple years intensified some of those burdens? What are some practical ways we can help alleviate those burdens?

What are some obstacles and objections that keep us from bearing one another's burdens? Why do we lean on excuses like these? How does the passage from Galatians 6 challenge these excuses?

Read 2 Corinthians 1:3-4. What are some burdens you have carried in the past? How did others help you carry those burdens? What would it look like for you to share that same comfort with someone experiencing a similar burden today?