

SERMON DISCUSSION QUESTIONS

BLIND SPOTS

While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to southeastchristian.org to join a group in person or online, wherever you are - today!

Anger is often a sign of other destructive desires within our hearts. When we feel angry, we have an opportunity to humble ourselves and let Jesus redeem those feelings.

What are some seemingly trivial things that tend to make you angry (think social media, traffic, or home improvement projects)? Why do you think these particular situations trigger that emotion in you?

Read Genesis 4:1-12. Why do you think Cain was so angry with Abel? Why was it easier for him to be angry with his brother than it was for him to change himself? How are you guilty of falling into that same trap?

God told Cain that sin was "crouching at his door" because of his anger. In what ways does anger leave us more susceptible to sin? What are some particular ways anger leaves you open to temptation?

Read James 4:1-3. How does Cain's story illustrate the truth of these words? What are some ways our anger can "kill" our brothers? How can it lead to the death of relationships/trust/etc.? How can we surrender that anger to God instead?

Kyle talked about this progression: "I Feel Angry à I Get Angry à I Am Angry." How have you experienced this progression in your own life? What are some practical ways to help ourselves step out of that cycle when we feel our anger building?

Read James 1:19-20. According to James, anger cannot produce righteousness in our lives. What are some things anger ultimately produces. How does James describe the antidote to our anger?