

# SERMON DISCUSSION QUESTIONS

## BLIND SPOTS

While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to [southeastchristian.org](http://southeastchristian.org) to join a group in person or online, wherever you are - today!

Each day brings its fair share of frustrations and annoyances. Focusing on eternity can remind us of God's good gifts in the midst of our temporary inconveniences.

What are some of the everyday frustrations you have to deal with? How do you typically handle these annoyances? Why do you think these things tend to frustrate you? What do those frustrations reveal about your own heart?

There are three ways we can deal with frustration – express it, repress it, or confess it. Which of these is your default setting when it comes to frustration? What does that normally look like for you?

Eleanor Roosevelt once said, "Anger is one letter short of danger." How do frustrations make us more likely to respond in unhelpful (not to mention ungodly) ways? How have you seen that in your own life?

Read Numbers 20:1-12. Why do you think Moses was so frustrated in this moment? What were some things that would have led to his frustration? What did his frustration cause him to do?

What did Moses' frustration ultimately cost him? What price can frustration have in our lives today? How can keeping this cost in mind help us handle our frustrations more effectively?

Jon mentioned some of the good things in our life that we tend to take for granted, like garage door openers and spoons. What are some everyday things you tend to take for granted? What are some practices you can build into your life that can cultivate thankfulness in your heart?

Read Colossians 3:1-10. How do these verses encourage us to focus on eternal things? How does this affect the way we handle our frustrations and annoyances?