

SERMON DISCUSSION GROUP

BECOMING WHO YOU ARE

August 15 - 21 | Becoming Who You Are Study: Ephesians 1:1-14

While anyone can take time to answer these questions individually, these questions are best discussed in a group! Not in a group yet? We want you in one! Head over to southeastchristian.org to join a group in person or online, wherever you are—today!

In today's culture, we can find our identity in anything from our achievements to our mistakes, from the things we desire to the things we've acquired. In Christ, we find who God says we are and discover the truest thing about ourselves – who we really are in Him.

How do you determine who you are? As you look at your own life, what things have helped you define who you are? How has that affected how you see yourself?

Read through Ephesians 1:3-14 and highlight all the times Paul uses the phrase "In Christ" (or "in Him"). What do these phrases teach you your true identity in Christ? Of all the phrases Paul uses to describe who we are "in Christ," which resonates the most with you? Why?

Behavior flows from identity. Who we are determines how we live. Think about the things you do on a daily/weekly basis. What do your schedule and your priorities reveal about your identity? If someone were to watch you for a day, what would they say about who you really are?

Where does our culture tell us to find our identity? How have you been tempted to find your identity in what you have achieved, desired, or acquired? What is your biggest obstacle to placing your identity firmly in Christ?

Why is it so appealing to try and find our identity for (and in) ourselves? Does this ultimately satisfy us? Why or why not? How does rooting our identity in Christ offer us a better way?

In Christ, we are chosen, we are holy, we are adopted, we are redeemed, and we are forgiven. How would living out these identities change your daily habits? Choose one of those identifiers and commit yourself to living it out this week. What are some practical ways you can grab hold of who you are in Christ?

Your identity in Christ is the truest thing about you. You are who God says you are. How would living these truths out affect the decisions you make? Your relationships? Your priorities? Your goals?